



PRESENTING
SPONSORS



Benedictine Health Foundation's **Kick** for Mental Health

A Kickball Tournament

FUN • FOOD • GAMES • PRIZES • MUSIC • KICKBALL!

Sunday, June 3, 2018 • Dietz Stadium, Kingston, NY • 10am – 2pm

REGISTER ONLINE: benedictinehealthfoundation.org/kick-for-mental-health

WHAT: A community event to raise awareness and financial support of adolescent behavioral health and substance abuse programs in Ulster County.

WHY: To help the Benedictine Health Foundation continue to develop and fund vital programs that engage, educate, and promote a healthy lifestyle for adolescents at risk, or experiencing a mental health or addictions challenge, or in crises.

WHO: You! – recruit friends, family, co-workers, employees, club members and all other kickball fans!

Ages 14 and older please!

FUN ACTIVITIES: KICKBALL!!, Live DJ, Long Distance Kick Competition, Corn Hole, Can Jam, Costume Photo Station, Food, Beverages, Ice Cream and more!

SPONSORSHIP: Multi-level sponsorship opportunities are available. Your high-visibility support benefits adolescents in our community and promotes your business services!

DOUBLE ELIMINATION FORMAT: Each game will be approximately 30-45 minutes in length.

GAME SLOTS: Games from 10am – 2pm. Check in 1 hour prior to start time to be assigned. 13 to 15 players per team, 11 on the field at one time.

PRIZES:

- Top Fundraising Team
- 1st, 2nd & 3rd Place Winners
- Best Team T-Shirt Design
- Team Spirit Award

WAKA Rules Apply:
www.kickball.com/rules

Interested in kickball for adults age 21+?
visit: www.kickball.com/udsonvalley

“Teens are by nature at a crucial, formative time in their lives that requires our guidance, support and sensitivity. In addition to the inherent stress in their developmental stage, there are frequently genetic, environmental, psychological, social and emotional issues that create complexities that leave them struggling, often in silence, to find the strength and skills to manage, let alone succeed. As a community, we must raise awareness, provide education, facilitate understanding and give voice to the shame and stigma around mental health issues if we expect our adolescents to transition into healthy, functional, fulfilled adults.”

Amy Kapes, LMSW
Kingston High School Social Worker, DASA Coordinator

“We could not be more grateful for the ongoing partnership with the Benedictine Health Foundation. Once again they are funding exciting and effective programs that address the mental health needs of our students and teach them skills to cope with adversity as adolescents and in to adulthood. We also appreciate the generosity of BHF and Timely Signs in supporting our PBIS initiative and continuing to improve our school culture.”

Kirk Reinhardt
Principal, Kingston High School



Benedictine Health Foundation's
Kick for Mental Health

Programs We Support



CCE New Leaders Program

“Through this program, students not only learn a hip hop dance routine but they also develop persistence, teamwork, and discipline in a motivating and fun learning environment. The program’s strong emphasis on becoming leaders through example transcends all aspects of school for the students who participate.”

Erin M. Nelson

NYS Master Science Teacher
Administrative Intern
J. Watson Bailey Middle School



Motivational Assembly with Tay Fisher

“Tay Fisher’s message is one of persistence, resilience, self-worth and hard work. More than a motivational speaker, he is a real life example to Kingston kids of their own personal potential. We are so grateful to the Benedictine Health Foundation for giving our kids the opportunity to hear his story, reflect on their intentions and goals and be inspired to plan for their futures.”

Amy Kapes

LMSW, KHS, Social Worker, DASA Coordinator / PBIS Coach



Youth Mental Health First Aid

“Kingston City School District was very fortunate to be able to offer our staff and parents the opportunity to take the Youth Mental Health First Aid training sponsored by the Benedictine Health Foundation. Early intervention is often the number one factor that determines an individual’s ability to recover from mental health challenges. By equipping our staff with the tools to recognize early warning signs and symptoms, we are significantly increasing the chances that our teens will get the support they need at the time it will likely be most helpful.

Amy Kapes

LMSW, KHS, Social Worker, DASA Coordinator / PBIS Coach